

Hi, my name is Becca and since launching Upton Neuro Physio, people have reached out for a variety of reasons

Some, having had a stroke and the want to push themselves right now so that they can reach their ceiling of potential as soon as possible.

Others may have had a special family event coming up and they want to surprise loved ones with what they can do.

Some many have had a fall recently, and they are starting to curtail their activities and feel like their world is shrinking, and they want to turn things around and get back to the life that they are used to.

Upton Neuro Physio is here for all of the above and much more.